

## Appendix 1. Parameters of the mathematical model

Parameter	Parameter value	Parameter dimension	Dimensionless parameter value
Model State Variables			
$C_S$ – MSC density	$C_S = C_S(x, t)$	$\frac{\text{cells}}{\text{mm}^3}$	-
$C_C$ – chondrocyte density	$C_C = C_C(x, t)$	$\frac{\text{cells}}{\text{mm}^3}$	-
$m$ – ECM density	$m = m(x, t)$	$\frac{g}{\text{mm}^3}$	-
$n$ – nutrient concentration	$n = n(x, t)$	$\frac{\text{moles}}{\text{mm}^3}$	-
$g$ – FGF-1 concentration	$g = g(x, t)$	$\frac{g}{\text{mm}^3}$	-
$b$ – BMP-2 concentration	$b = b(x, t)$	$\frac{g}{\text{mm}^3}$	-
Calculated Model Parameters			
$D_S$ – MSC random motility (diffusion) coefficient	$D_S = D_{S0} \frac{m}{m^2 + m_1^2}$	$\frac{\text{mm}^2}{\text{hour}}$	-
$D_C$ – chondrocyte random motility (diffusion) coefficient	$D_C = D_{C0} \frac{m}{m^2 + m_2^2}$	$\frac{\text{mm}^2}{\text{hour}}$	-
$p_1$ – MSC proliferation rate	$p_1 = A_m \left(1 - \frac{C_S}{C_{Smax}}\right);$	$\frac{\text{cell}}{\text{hour}}$	-
	$A_m = p_{10} \frac{m}{m^2 + m_2^2};$ $C_{Smax} = C_{Smax0} \left(1 - \frac{m}{m_{max}}\right)$	-	-
$p_4$ - chondrocyte proliferation rate	$p_4 = B_m \left(1 - \frac{C_C}{C_{Cmax}}\right);$	$\frac{1}{\text{hour}}$	-
	$B_m = p_{40} \frac{m}{m^2 + m_2^2} + p_{400} \frac{g}{g + g_0};$ $C_{Cmax} = C_{Cmax0} \left(1 - \frac{m}{m_{max}}\right)$	-	-
$C_{S_0}$ – MSC threshold density	$C_{S_0} = (C_{S0max} - C_{S0min})e^{-ab} + C_{S0min}$	$\frac{Nc}{\text{mm}^3}$	-
$p_8$ - ECM synthesis rate	$p_8 = p_{8_0} - p_{8_1} m$	$\frac{g}{\text{mm}^3} \cdot \frac{1}{Nc/\text{mm}^3} \cdot \frac{1}{\text{hour}}$	-
$C_{total,max0}$ – maximum total cell density	$C_{total,max0} = \left(1 - \frac{m}{m_{max}}\right)^{-1} (C_{Smax} + C_{Cmax}) = 10^6$	$\frac{Nc}{\text{mm}^3}$	
Constant Model Parameters Determining the Biomechanical Environment of the Tissue			
$D_{S0}$ – MSC diffusion constant	$D_{S0} = 2m_1 D_S^* = 7.2 \times (10^{-9} \div 10^{-8})$	$\frac{\text{mm}^2}{\text{hour}} \cdot \frac{g}{\text{mm}^3}$	0.001 – 0.01
$D_S^*$ – maximum MSC diffusion coefficient	$D_S^* = 3.6 \times (10^{-4} \div 10^{-3})$	$\frac{\text{mm}^2}{\text{hour}}$	-
$D_{C0}$ – chondrocyte diffusion constant	$D_{C0} = 2m_2 D_C^*$	$\frac{\text{mm}^2}{\text{hour}} \cdot \frac{g}{\text{mm}^3}$	0.001
$D_C^*$ – maximum chondrocyte diffusion coefficient	$D_C^* = 3.6 \times (10^{-4} \div 10^{-3})$	$\frac{\text{mm}^2}{\text{hour}}$	-
$D_n$ - nutrient diffusion coefficient	$D_n = 4.6$	$\frac{\text{mm}^2}{\text{hour}}$	100 - 300
$D_m$ – ECM diffusion coefficient	$D_m = 2.5 \times 10^{-5}$	$\frac{\text{mm}^2}{\text{hour}}$	0.001 – 0.01
$D_g$ - FGF-1 diffusion coefficient	$D_g = 2 \times 10^{-3}$	$\frac{\text{mm}^2}{\text{hour}}$	1.14
$D_b$ - BMP-2 diffusion coefficient	$D_b = 2 \times 10^{-3}$	$\frac{\text{mm}^2}{\text{hour}}$	1.14
$p_{1_0}$ – MSC proliferation constant	$p_{1_0} = 2m_2 p_1^* = 4 \times 10^{-6}$	$\frac{g}{\text{mm}^3} \cdot \frac{1}{\text{hour}}$	12
$p_1^*$ – maximum MSC proliferation rate	$p_1^* = 0.2$	$\frac{\text{cell}}{\text{hour}}$	-

$C_{Smax0}$ – maximum MSC density	$C_{Smax0} = 0 \div 10^6$	$\frac{Nc}{mm^3}$	0.6
$m_1$ –intermediate ECM density	$m_1 = 10^{-5}$ (assumed $m_{max} /10$ )	$\frac{g}{mm^3}$	0.1
$m_2$ –reference ECM density	$m_2 = 10^{-5}$ (assumed $m_{max} /10$ )	$\frac{g}{mm^3}$	0.1
$m_{max}$ - maximum ECM density	$m_{max} = 10^{-4}$	$\frac{g}{mm^3}$	1
$p_2$ – MSC differentiation rate	$p_2 = 3.75 \times 10^{-3}$	$\frac{1}{hour}$	1
$p_3$ – MSC death rate	$p_3 = 3.75 \times 10^{-3}$	$\frac{1}{hour}$	1
$g_0$ - FGF-1 reference concentration	$g_0 = 10^{-10}$	$\frac{g}{mm^3}$	1.0
$p_{4_0}$ – chondrocyte proliferation constant	$p_{4_0} = 2m_2p_4^* = 4 \times 10^{-9}$	$\frac{g}{mm^3} \cdot \frac{1}{hour}$	0.012
$p_4^*$ - maximum chondrocyte proliferation rate	$p_4^* = 2 \times 10^{-4}$	$\frac{1}{hour}$	-
$p_{4_{00}}$ - chondrocyte proliferation rate (from FGF-1)	$p_{4_{00}} = 2 \times 10^{-4}$	$\frac{1}{hour}$	0.012
$C_{Cmax0}$ - maximum chondrocyte density	$C_{Cmax0} = 0 \div 10^6$	$\frac{Nc}{mm^3}$	0.4
$n_1$ – critical nutrient concentration	$n_1 = 9.5 \times 10^{-12}$	$\frac{Nm}{mm^3}$	0.1
$n_0$ – threshold nutrient concentration	$n_0 = 2.3 \times 10^{-11}$	$\frac{Nm}{mm^3}$	0.24 – 0.81
$C_{S_{0max}}$ – maximum threshold MSC density	$\frac{C_{total,max0}}{2}$	$\frac{Nc}{mm^3}$	0.35
$C_{S_{0min}}$ –minimum threshold MSC density	$0.9C_{S_{0max}}$	$\frac{Nc}{mm^3}$	0.315
$p_5$ – chondrocyte death rate	$p_5 = 3.75 \times 10^{-3}$	$\frac{1}{hour}$	1
$p_6$ – nutrient uptake constant by MSC	$p_6 = 1.5 \times 10^{-14}$	$\frac{Nm}{Nc \cdot hour}$	10000
$p_7$ – nutrient uptake constant by chondrocytes	$p_6 = 1.5 \times 10^{-14}$	$\frac{Nm}{Nc \cdot hour}$	10000
$p_{8_0}$ – ECM production constant	$p_{8_0} = 3.75 \times 10^{-13}$	$\frac{g}{mm^3} \cdot \frac{1}{\frac{Nc}{mm^3}} \cdot \frac{1}{hour}$	0.5
$p_{8_{00}}$ - FGF-1 ECM deposition rate	$p_{8_{00}} = 0 \div 1$	-	0.7
$p_{8_1}$ – ECM degradation constant	$p_{8_1} = 3.75 \times 10^{-9}$	$\frac{1}{\frac{Nc}{mm^3}} \cdot \frac{1}{hour}$	1
$p_9$ - FGF-1 production constant	$p_9 = 10^{-17}$	$\frac{g}{mm^3} \cdot \frac{1}{\frac{Nc}{mm^3}} \cdot \frac{1}{hour}$	26.67
$p_{11}$ - FGF-1 degradation rate	$p_{11} = 5.8 \times 10^{-2}$	$\frac{1}{hour}$	15.4
$p_{12}$ – BMP-2 production constant	$p_{12} = 10^{-17}$	$\frac{g}{mm^3} \cdot \frac{1}{\frac{Nc}{mm^3}} \cdot \frac{1}{hour}$	26.67
$p_{13}$ - BMP-2 degradation rate	$p_{13} = 5.8 \times 10^{-2}$	$\frac{1}{hour}$	15.4
$\alpha$ - threshold stem cell density reduction factor	$\alpha = 10^{10}$	$\frac{1}{g/mm^3}$	100
$\gamma$ - FGF-1 flux coefficient	$\gamma = 10^{-2}$	$\frac{mm}{hour}$	0.01
$\chi$ - BMP-2 flux coefficient	$\chi = 10^{-2}$	$\frac{mm}{hour}$	1
$b_0$ - BMP-2 reference concentration	$b_0 = 10^{-10}$	$\frac{g}{mm^3}$	-
$C_S^{(0)}$ - initial MSC density	$C_S^{(0)} = 2.5 \times 10^5$ (based on $10^6$ cells in $20 \text{ mm} \times 20 \text{ mm} \times 10 \text{ } \mu\text{m}$ volume)	$\frac{Nc}{mm^3}$	0.25
$C_C^{(0)}$ - initial chondrocytes density	$C_S^{(0)} = 10^2$ ( $10^{-2}\%$ of total cell density)	$\frac{Nc}{mm^3}$	0.0001

$N_0 = 6.5 \times 10^{-11} \frac{Nm}{mm^3}$ - initial nutrient concentration	$N_0 = (2.85 \div 9.5)10^{-11}$	$\frac{Nm}{mm^3}$	1.0
$m_3$ - initial ECM density	$m_3 = 10^{-8}$ (assumed $m_{max} / 10^4$ )	$\frac{g}{mm^3}$	0.0001
$g_{init}$ - initial FGF-1 concentration	$g_{init} = 10^{-12}$	$\frac{g}{mm^3}$	0.01
$b_{init}$ - initial BMP-2 concentration	$g_{init} = 10^{-12}$	$\frac{g}{mm^3}$	0.01